

Hey Linn

I've spoken to Pete and if I'm being honest the impression I get is that this is something that you and he need to work out in whatever way... Its way too dangerous for me to get involved because the both of you are my friends and I risk losing friends if I get involved, because not only will I have to betray trusts but people will betray mine too and I don't want to go there.. It's not worth it.

If you and Pete can't work out your differences perhaps it would be better for both of you in your lives to move on.... I don't know... but don't worry... see this through sensibly try to sort this out amicably and not irrationally by sending hundreds of emails to him in such a way that he won't respond...

Linn I think you are a wonderful person and I love you to bits... Your kind, affectionate, caring, loving...

But sometimes darling you try too hard to make people love you, when they already do... and it always results in people (whether they are right or wrong in how they treat you) backing away from you completely.

For example, I told you I would help you or try to and yet u still overloaded me with emails and phone calls which of course would make me and anyone feel less wanting to help.... But I care for you. You are inherently a good and caring person... someone who longs for affection from people and who longs to give affection to people. But you have to be more rational and careful in how you do these things or else you are in danger of pushing those away who care for you...

I want to help you in everyway and every possible way I can and I want you to be happy and content... but I feel that you are a very insecure and self conscious person who longs to be loved and god love you, you try too hard... and its self-destructive.

I have this feeling inside me that during your life you haven't been loved in the genuine sense by a lot of people and so now u try to search for this genuine love and when its actually there u don't see it, because you want to feel it and be aware of it all the time.. And thus you shower people with love and gifts and help and you sometimes go overboard. Though in the general sense it is one of your great qualities... you are a very loving...

But the problem that arises from his need for people to love you (even though they do anyways) is that when they don't respond to u in the way u wish or hope u think they don't love u or they don't care, and so u try even more to make them respond and u actually push them away.. If you sat back and let things happen naturally you would find you'd be much more content.

just because me or Pete or anyone may not respond to you on yahoo instantly doesn't mean we don't love you or we are ignoring you.. you have to see the bigger picture.... sometimes people have lives and in the split second u instant message we may be busy or caught up in something and we don't have to give excuses for those things...

Linn I love you dearly and think you are wonderful, but you have to stop craving so much attention. You have people around you who love you massively (me and Pete included) so stop doubting that. You have to try not to be so paranoid about things...

Take it easy. Linn you are NOT crazy.. You are just a wonderful, sensitive person who has been hurt a great deal in her life and u desire love and affection and gratefulness and encouragement from people so much that your actions in the face of them not living up to your unnecessary expectations mean that you say and do crazy things. But they're governed by emotions and nothing else. You are a great person Linn... but u need to sit back and think about this and relax about things... we all love you... if I was in Philly right now id hug u all night and tell you how great and truly special you are... never think you are not special or talented, too many people in your past have told you this... they were wrong.. You are truly wonderful. You're a beautiful, gracious person, very talented, very clever... You're a true person, you mean, you live up to your word and you are a great friend....

Please take into consideration these things i have said and please do not be offended

I love you deeply

Trev x